



# Women's Advocates

Breaking the cycle of domestic violence.

## You're Invited!

Women's Advocates invites you to join us on October 10th to recognize domestic violence awareness month and raise critical dollars to help survivors of domestic violence and their children. Donations received at this event will foster hope and open doors to safety.

To register for this event, find out more about sponsorship, or help Women's Advocates reach more community members by hosting a table of ten guests, click [here](#).

WOMEN'S ADVOCATES

# COURAGE TO FLY

ANNUAL LUNCHEON & BENEFIT

October 10, 2018 | 11:30am - 1:00pm  
484 Inwood Ave. N., Oakdale, MN  
*(Formerly Prom Event Center, now Inwood Oaks)*

**HOST:** Lynne Warfel, Classical Host at Minnesota Public Radio

**FEATURED GUEST:** Anne Barry, Int. Deputy County Manager,  
Health and Wellness, Ramsey County

**SPECIAL MUSIC:** Unity Singers

### EVENT SPONSORS



Lunch Provided · Free To Attend · Parking Available · For more information call Tom at 651.726.5212

## At the Shelter - Women's Advocates welcomes diverse group of new board members

Women's Advocates is thrilled to announce that it has welcomed seven new members to its Board of Directors. These caring individuals are now part of a 13-member volunteer Board of Directors, who represent a wide variety of professional backgrounds and perspectives. "By joining the board, these strong community leaders will help guide Women's Advocates' work," board chair John Steiner-Manning said. "I'm so glad they're stepping up in this way."

The newly elected board members are:

- Dennis Gerhardstein – Public Information Officer, Ramsey County Attorney's Office
- Erica Lister – Director, Alvarez & Marsal, and Healthcare Consultant
- Kevin McGuigan – Business Director, 3M Personal Safety Division
- Maria Mitchell – Assistant Ramsey County Attorney
- Kathy Moriarty – Chief Administrative Officer, Neighborhood Development Center
- Kate Rykhus – Human Resources Consultant and Coach, CoCreated Consulting
- Somah Yarney – Assistant Ramsey County Attorney

The new members join our continuing board members, including:

- John Steiner-Manning – Director of Marketing & Communications, Minnesota Private College Council, *Board Chair*
- Matt Fisher – Business Consultant, *Treasurer*
- Dr. Tanya Gladney – Associate Professor & Law Enforcement Program Coordinator, University of Saint Thomas, *Secretary*
- Elizabeth Boyd – Friends of the Saint Paul Library
- A member of the Saint Paul Police Department

Full announcement [here](#).



## Did You Know?

### **Paid time off for domestic violence victims:**

Forty-two percent of American employers do not offer paid leave time for domestic violence victims, despite time off being a necessary resource for victims to heal from assault, obtain a protective order and attend court hearings, and more. Financial stability is also crucial for domestic violence victims, many of whom experience financial abuse that may prevent them from leaving the relationship, and whose abusers may try to sabotage their employment. Thankfully, progress, albeit slow progress, is being made. New Zealand passed legislation several weeks ago granting 10 days of paid leave to domestic violence victims, becoming only the second country in the world after the Philippines to do so. Learn more about the new legislation and the impact of domestic violence on the workplace [here](#). Women's Advocates always strives to provide basic information about financial abuse to audiences during our [educational trainings](#).

### **Supporting trafficking victims in health care settings:**

Northwell Health, a 23-hospital system in New York, is starting a new program aimed at identifying patients who may be experiencing human trafficking, or who may have experienced it in the past. Beginning in October, the hospital system will also create a separate diagnostic code for human trafficking that will differentiate it from other forms of abuse. According to a [2014 survey of about 100 survivors of sex trafficking](#), 88 percent said that during the trafficking they had contact with a healthcare provider, making hospitals and clinics a

## A Summer of Fun in Children's Program

This summer has been jam packed with fun and educational activities, instructors, and visitors to Women's Advocates' Sheila Wellstone Children's Program and child care room, including:

- KidsCreate
- Como Zoo
- Yoga Instructor Volunteers
- Dodge Nature Center
- Movie Day
- Mississippi Market
- Science Museum of Minnesota
- Baron of Bubbles
- Children's Theatre Company
- America's Fun Science
- Kelly and Sari, a therapy rabbit (pictured here)



Kelsey, Manager of Children's Program at Women's Advocates, said "The children's program has had a lot of fun this summer! Thanks to partnerships and donations we've been able to provide a variety of experiences to the children and families we serve. We are always looking for ways to provide new and fun experiences to our children, which we would not be able to provide without the generosity of community organizations and dedicated volunteers, willing to help supervise and provide one-on-one support to children during the activities. Summer 2018 was fantastic and we look forward to the coming school year!"

### How to Help

We seek community support to fulfill shelter and resident needs, including:

**Facebook Fundraiser:** You can easily raise awareness and encourage your network to support our cause with just a few clicks. No fees are deducted for donations made on Facebook. Start at [our page here](#) and click "Create Fundraiser."

**Gift Cards:** Gift cards to Target, Walmart, Super America, coffee shops, & local restaurants are useful to help Women's Advocates fill immediate needs for our residents year-round.

crucial part of trafficking recognition and prevention. Learn more about the new program [here](#). Women's Advocates provides [educational trainings](#) on human trafficking, including both labor and sex trafficking, in addition to our standard domestic violence training.

### How to help victims from LoveisRespect:

Domestic violence and dating abuse are pervasive, and it's important that we know how to help a friend, peer, coworker, loved one, or roommate who may be experiencing abuse. LoveisRespect provides suggestions on how to help a roommate whom you suspect may be experiencing abuse, while keeping both you and the roommate as safe as possible. Some of their safety tips include identifying safe places in the home, creating code words with your roommate if they need help, creating an emotional safety plan with them, keeping a charged cellphone on you at all times, and more. Learn more [here](#).

### Women's Advocates' Blog

Check out our new blog post "How 'As the Father of Daughters' Undermines Women's Importance As People"

*The psychology of familial bonds and violence against women.* [Full blog post here](#)



-Artwork by Snezhana Snoosh

**AmazonSmile:** Start your online shopping [HERE](#). Designate Women's Advocates as your charity of choice, and the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to us!

*Any questions about volunteering, fundraising, or donating gift cards can be sent to [development@wadvocates.org](mailto:development@wadvocates.org).*

## In-Kind Donations & Wish List

**We are currently not accepting clothing or toy donations.**

Questions about specific item donations can be sent to [donations@wadvocates.org](mailto:donations@wadvocates.org). When immediate needs arise, we post requests for those items on our [Facebook](#) page.

Our Amazon **Wish List** of new, essential needs items is now available: <http://a.co/jkkHfvm>.

For the safety and privacy of our staff, shelter, and residents, *deliveries of donation items must be previously approved and scheduled in advance. Unscheduled deliveries will not be accepted.*

## We Need Volunteers!

We are in need of extra volunteer support in the following ways:

### Groups:

- Shelter clean-up or yardwork (weekday afternoons, 3 hours)
- Yard work (weekday afternoons, 3 hours)
- Room painting & redecoration, sponsored by the volunteer group
- Evening or weekend activities for women & children

### Individuals:

- Child Care (weekly weekday mornings 8:45-10:15 am)

If you are interested in volunteering as an individual or with a group, connect with [development@wadvocates.org](mailto:development@wadvocates.org).



## Quick Links

[Our Website](#)

[Donate Now](#)

[Volunteer](#)

[Wish List](#)

[Facebook](#) | [Twitter](#) | [Tumblr](#)

Crisis Line: [651-227-8284](tel:651-227-8284)