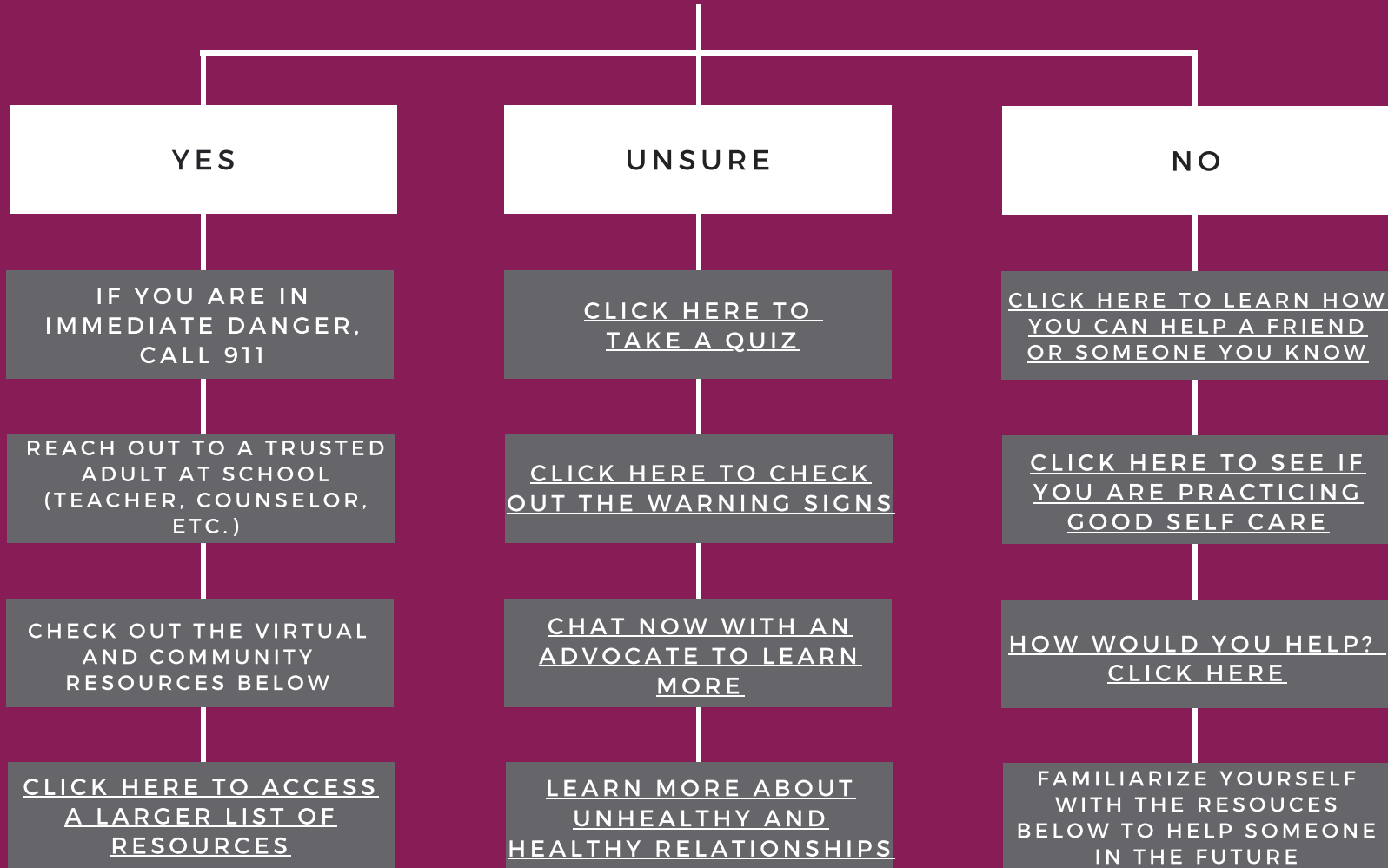


Are you facing abuse at home and/or in your relationship?



LOVE SHOULDN'T HURT.

Resources You Can Use

Click on each shape to learn more



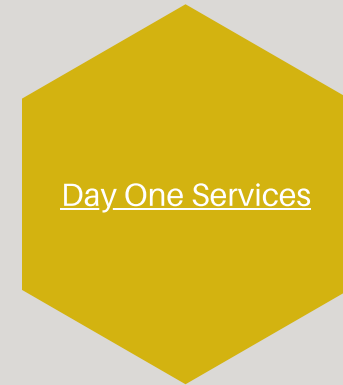
[Love Is Respect](#)

Call, text or chat anytime with a highly trained advocate who will offer support, info, and advocacy to you if you have questions or concerns about your dating relationships.



[Youth Services Network MN](#)

Online platform and app to help you find shelter and services. Includes shelter, outreach workers, drop in centers/basic needs, food, medical, crisis line/counseling, parenting, education and employment.



[Day One Services](#)

Call anytime to get free and confidential help and resources regarding domestic violence, sexual assault/violence, human trafficking, or questioning aspects of your relationship.

Are you facing abuse at home and/or in your relationship?

Everyone deserves people that in their life that are healthy, safe, and supportive. If you are experiencing a relationship that is hurting you, it is important for you to know that the abuse is not your fault.

Abuse can occur in any type of relationship, such as with an intimate partner like a boyfriend, girlfriend or partner, a family member such as a parent, aunt/uncle, grandparents, sibling or even a friendship.